



PBS Community Foundation



Town Hall Meeting April 14, 2020

Independence Without Isolation

Mission Statement



Positive Behavior Support Community Foundation empowers people with disabilities to make their own life choices and succeed in the communities where they work live and play.

We believe that everyone has a fundamental right to self- determination.

Independence Without Isolation



Agenda



- Welcome & Introductions - Tal Ourian
- PBSCF Message re: COVID-19 - Darlene Magito-Mclaughlin, PhD, LBA, BCBA-D
- PBSCF Initiatives and local resources - Ruth-Ann Hartney, MS
- FAQs- John Innis, LBA, BCBA & Theresa Giacobbe-Grieco, MA

Open Discussion



A Word From The Founder of PBSCF



**Darlene Magito-McLaughlin,
PhD, LBA, BCBA-D**



PBSCF Initiatives



- Big Time Glee
- Nassau Voice
- Crafting Connection
- Midweek Meet-up
- Yoga Without Boundaries



Visit the [Events Calendar](http://www.PBSCommunityFoundation.org) at:
www.PBSCommunityFoundation.org

Community Connectors



Sharin Borja - East End

Sharin@pbscommunityfoundation.org

Courtney Braun - Western Suffolk

Courtney@pbscommunityfoundation.org

Marisa Ludwikowski - Nassau

Marisa@pbscommunityfoundation.org

They can assist you in finding local resources.



General/Covid-19 Info



- Center for Disease Control and Prevention (CDC):
<https://www.cdc.gov/index.htm>
- WHO- World Health Organization- WHO.org
- [COVID-19 HELP](#) United Way LI
- NYS Coronavirus Hotline: 1-888-364-3065 or
coronavirus.health.ny.gov
- Covid-19 testing registry: 1-845-553-8030 (appointment only)
- Suffolk County Health Services :
<https://www.suffolkcountyny.gov/Departments/Health-Services/Health-Bulletins/Novel-Coronavirus>
- Newsday.com “Tracking the Coronavirus” has lots of good advice



Where to call if you have symptoms



- **Suffolk County- Public Health Hotline,**
631-787-2200, after 5pm and weekends, 631-852-4820
- **Stony Brook Hospital, Coronavirus Hotline-**
631-638-1320
- **Nassau County Coronavirus Hotline, 516-364-3065**

In general, stay home and call your doctor.



Resources specific for individuals with disabilities



- Call your DSP or Broker
- Call your Care Manager and your CCO
 - ◆ Care Design NY- 518-235-1888, after business hours , on weekends and emergency 877-855-3673
 - ◆ Advanced Care Alliance NY- scant.org, tel 833-692-2269
 - ◆ Prime Care Coordination- ptimecarecoordination.org, tel 844-347-3168
 - ◆ Tri County Care- info@tricountycare.org,844-504-8400.
- OPWDD- Office of People With Developmental Disabilities- OPWDD.gov



Health/Mental Health



- **Headspace**- Visit [headspace.com/ny](https://www.headspace.com/ny) for free meditation and mindfulness resources
- **Substance Abuse and Mental Health Services Administration's (SAMHSA) Disaster Distress Helpline 800-985-5990**
- **National Suicide Prevention Lifeline** at 800-273-8255
- Text MHFA to 741741 to talk to a **Crisis Text Line** counselor.
- **National Alliance on Mental Illness: <http://nami.org>** for a full Covid-19 Resource and Information guide. They have also partnered with Instagram to share resources to support mental health through animations, takeovers, and Instagram Lives. Follow @NAMICommunicate



Restaurants & Food Delivery:



- <https://www.ediblelongisland.com>: Provides a running list of all Long Island restaurants that have delivery or pickup services.
- **Instacart**: grocery delivery service where a “shopper” will shop for and deliver your groceries (for designated stores) to your door. Time slots fill up quickly (about a week out). It’s suggested you try to place your order very early to reserve your delivery. <https://www.instacart.com/>
- **Yellow Top Farm**: <https://www.yellowtopproduce.com/>: will deliver boxes of produce and pantry essentials directly to homes in the Huntington, Babylon, Smithtown, Islip, and Brookhaven townships. Boxes are available to order online for delivery.
- **GrubHub** “Supper through support” program offers discounts from various local restaurants daily between 5pm-9pm: download app for details

Food Pantries



- <https://www.foodpantries.org/>: This easy to use site allows you to enter your zip code to find local food pantries near you.
- **Long Island Cares**- For mobile home delivery due to the COVID 19 outbreak, please call for a phone assessment, 631-582-3663 ext 109 or email emergencyresponse@licares.org. Please allow 24-48 hours for a response.

Use their food locator to find a food pantry near you (Nassau and Suffolk)

<https://www.licares.org/find-help/food-locator/>

- Visit our website for more food pantries

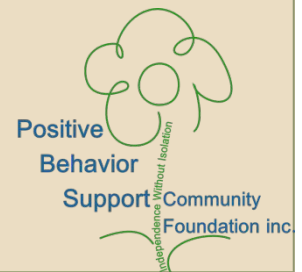


And more...



www.PBSCommunityfoundation.org

- At home activities
- Exercise
- Art
- Cooking
- Other media



FAQs



How can I be a good consumer and avoid getting scammed?

What can I do if someone I know is sick, and I'm not able to see them or get in touch with them?

How do I apply for unemployment if I'm not working?

Where can I find protective equipment, masks and gloves, so my DSP's can return to work?



FAQs



Can staff accompany me to the hospital?

How do I know what is factual information and what is “fake” news?

Closing



Thank you for joining us today!

